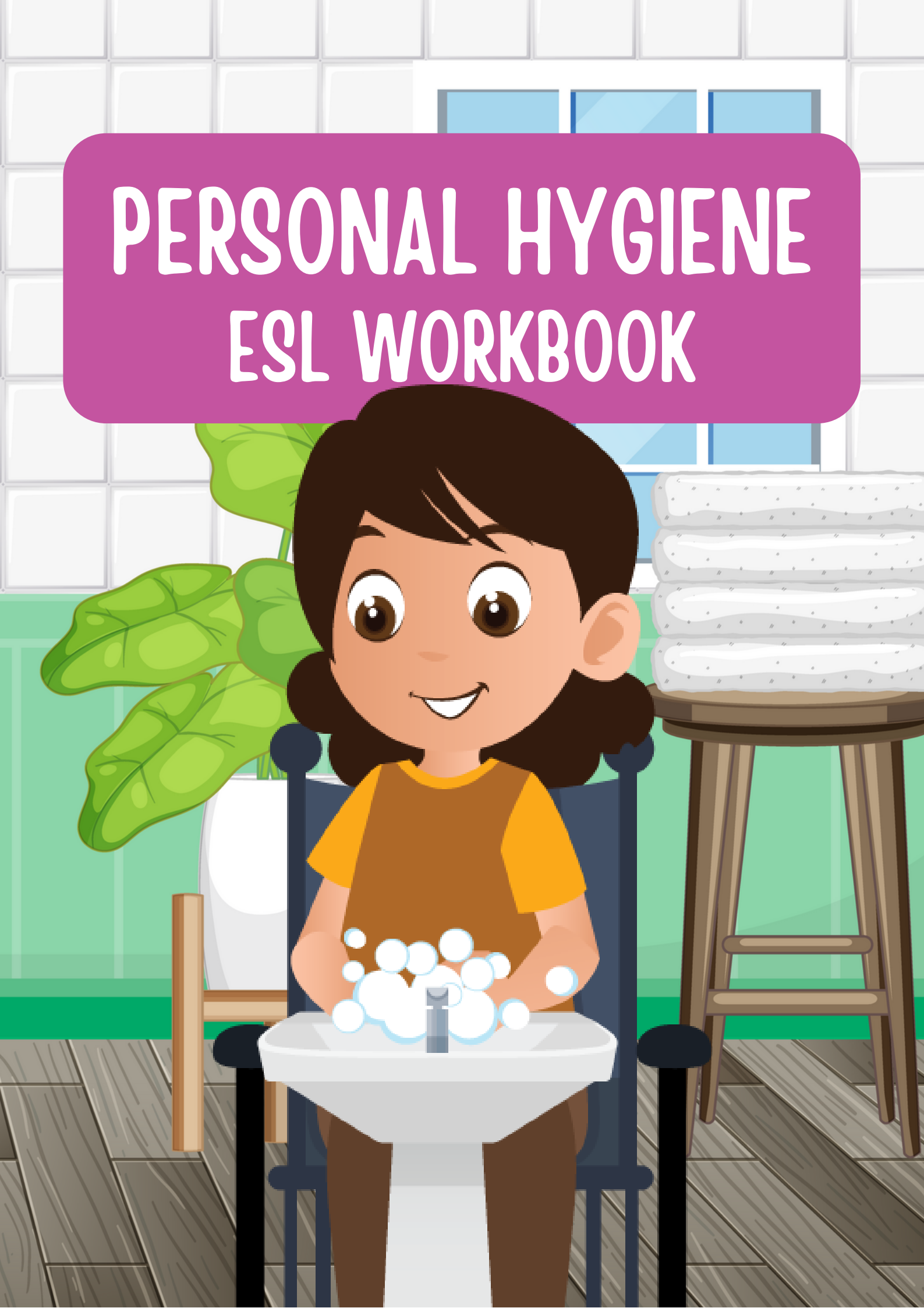
PERSONAL HYGIENE
ESL WORKBOOK



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Name _____ Date _____

PERSONAL HYGIENE

Identify the pictures below. Use the word bank below to name each picture.

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Word Bank:

shampoo	comb	soap	towel

Name _____ Date _____

PERSONAL HYGIENE

Identify the pictures below. Use the word bank below to name each picture.

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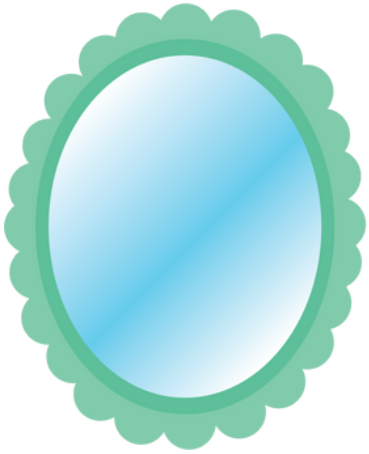

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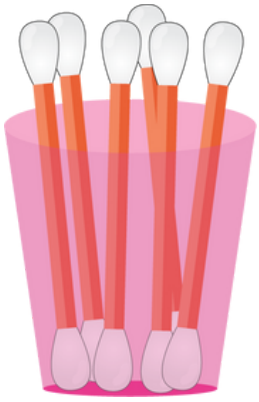

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Word Bank:

conditioner	mirror	cotton buds	washcloth

Name _____ Date _____

PERSONAL HYGIENE

Identify the pictures below. Use the word bank below to name each picture.

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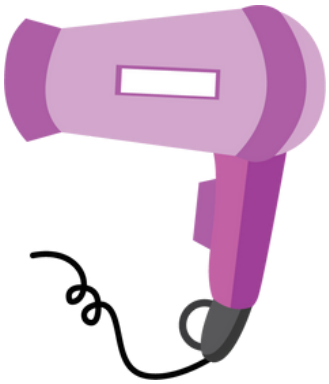

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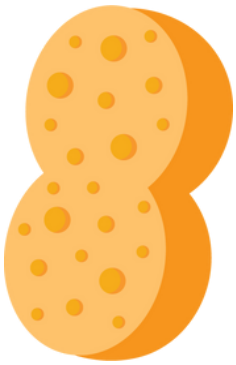
Word Bank:

toothbrush	toothpaste	hair dryer	bathrobe

Name _____ Date _____

PERSONAL HYGIENE

Identify the pictures below. Use the word bank below to name each picture.



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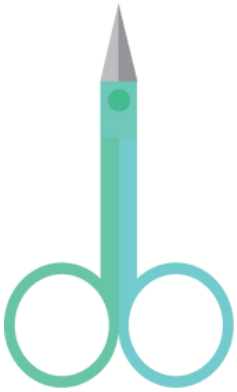

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Word Bank:

nail scissors	floss	toilet paper	sponge

Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.

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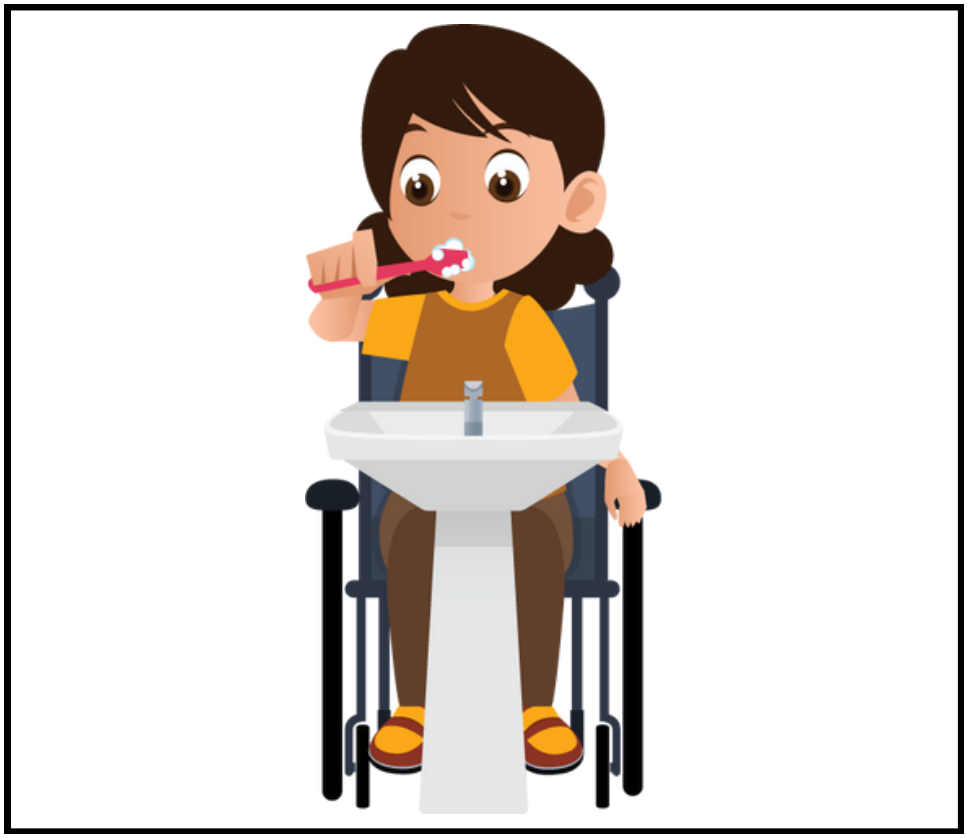
Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.



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Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.

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Name _____ Date _____

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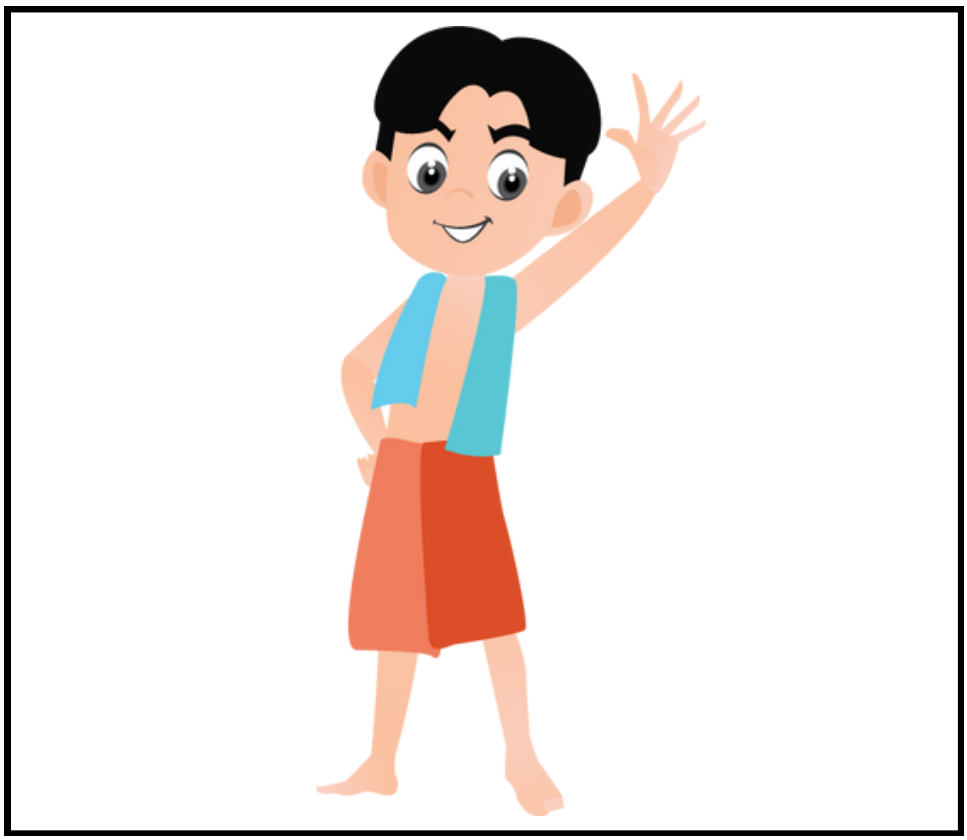

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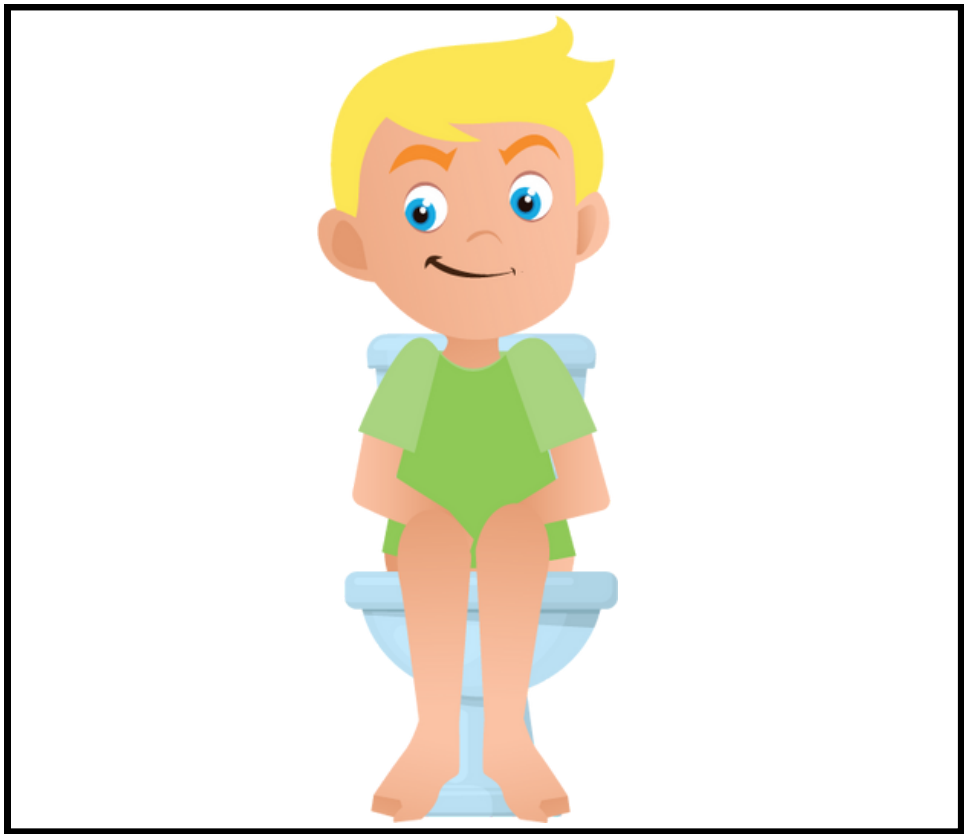
Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.



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Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.

Name _____ Date _____

SENTENCE WRITING

Look at the picture below. Write a sentence that tells about the picture.

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Name _____ Date _____

A HEALTHY BODY

How do you keep your body clean and healthy?

Name _____ Date _____

THE IMPORTANCE OF BRUSHING

Why do you have to brush your teeth?

Name _____ Date _____

COUNTING ACTIVITY

Find and count the following items.

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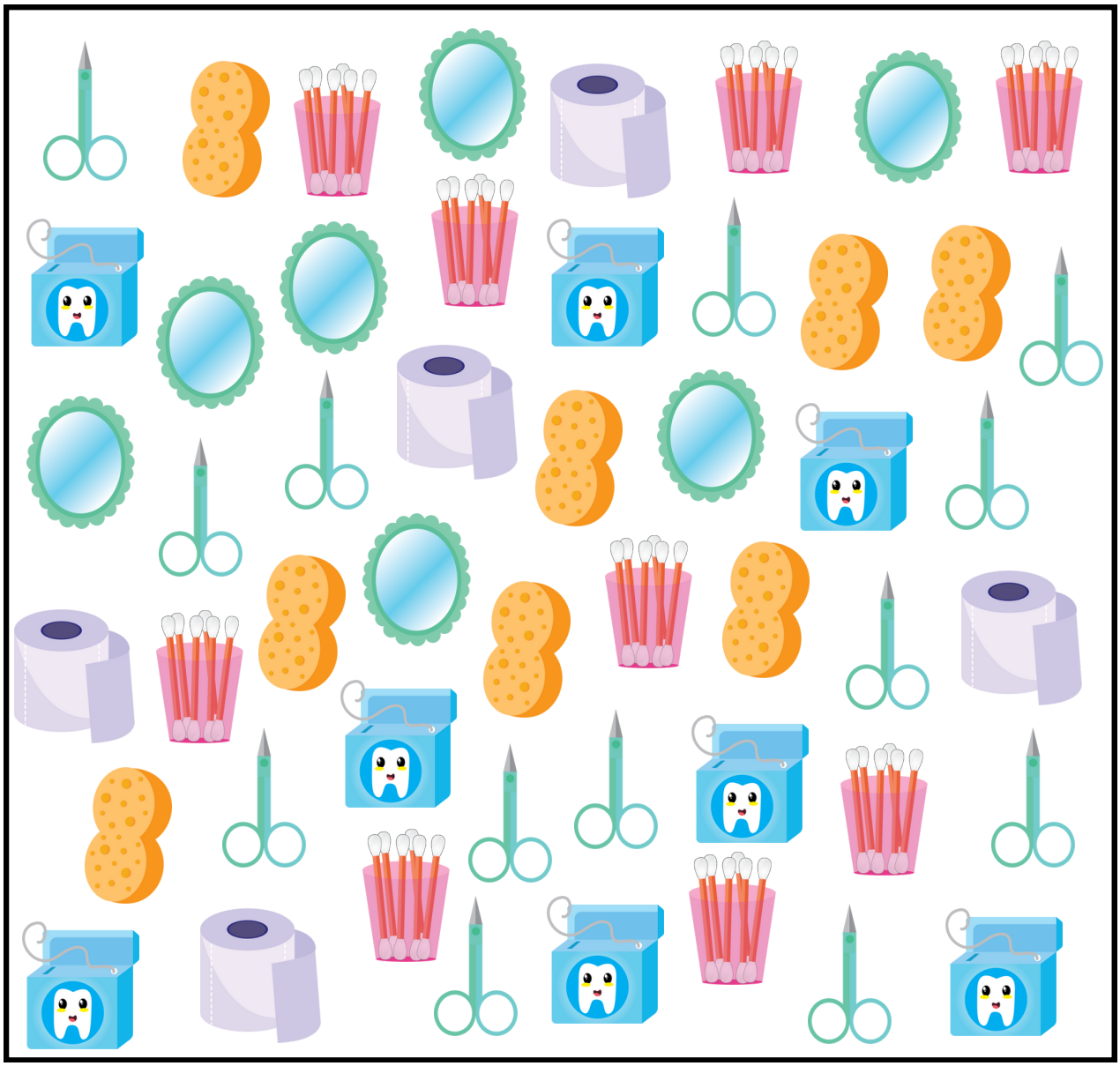
Name _____ Date _____

COUNTING ACTIVITY



Find and count the following items.

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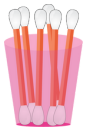
☐ 
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☐

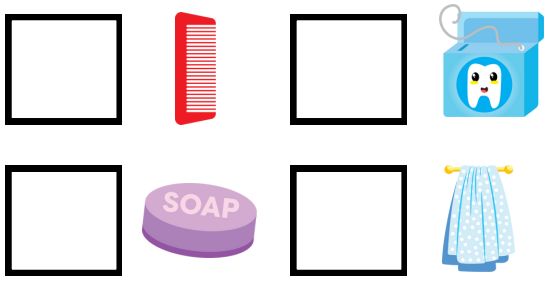
Name _____ Date _____

GRAPHING ACTIVITY

Find and graph the items listed. Then answer the questions below.

10				
9				
8				
7				
6				
5				
4				
3				
2				
1				

How many of each?



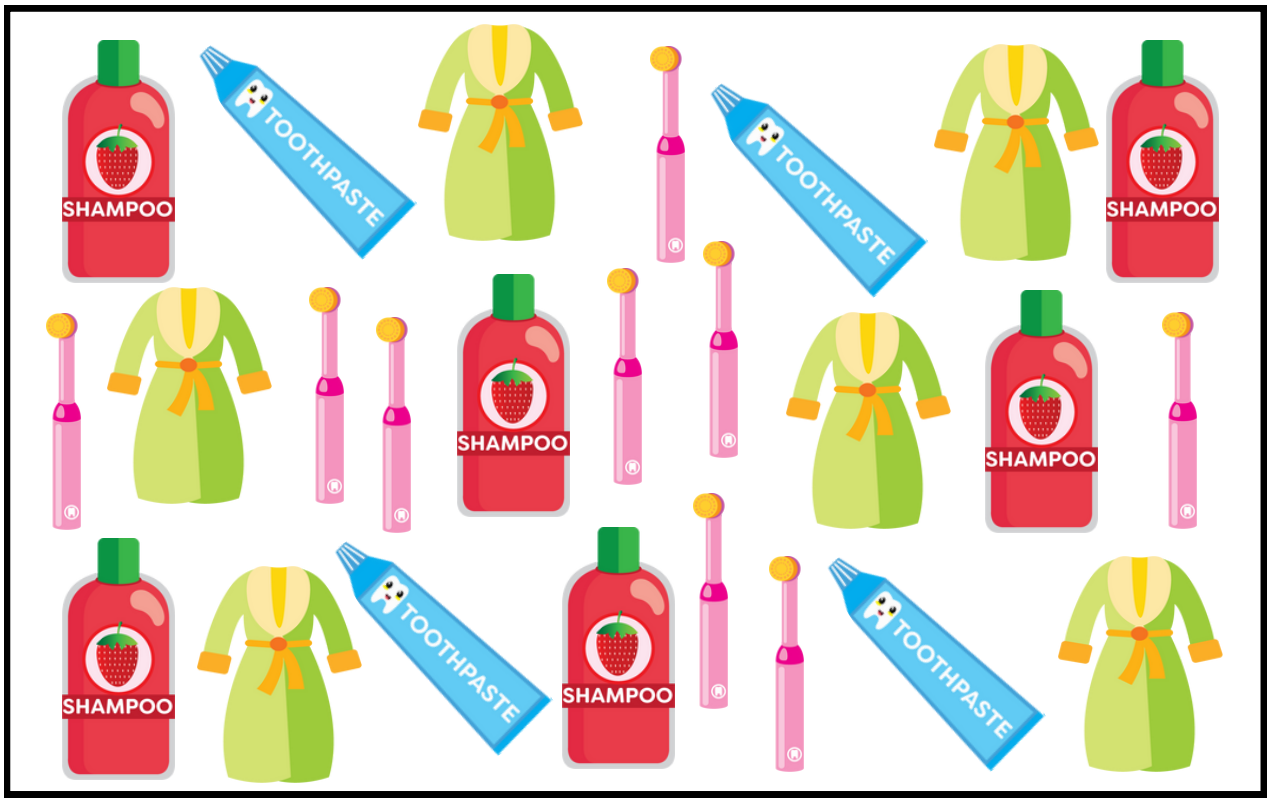
Which item did you find the most of? _____

Which item did you find the least of? _____

Name _____ Date _____

GRAPHING ACTIVITY

Find and graph the items listed. Then answer the questions below.



10				
9				
8				
7				
6				
5				
4				
3				
2				
1				

How many of each?

☐ ☐

☐ ☐

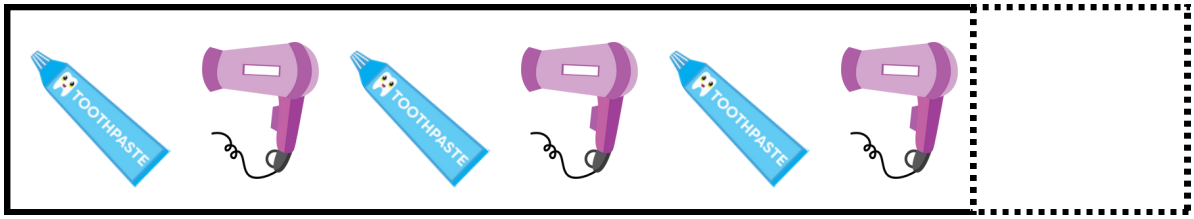
Which item did you find the most of? _____

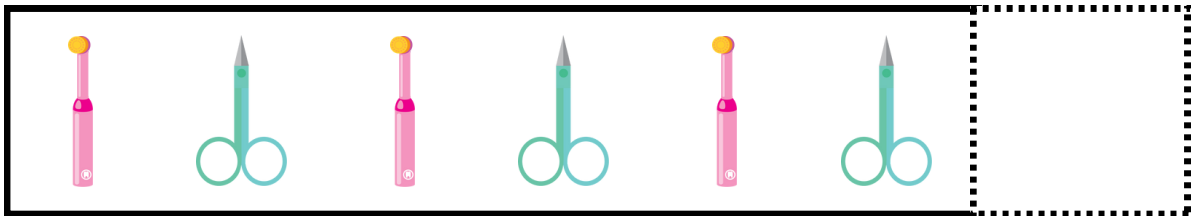
Which item did you find the least of? _____

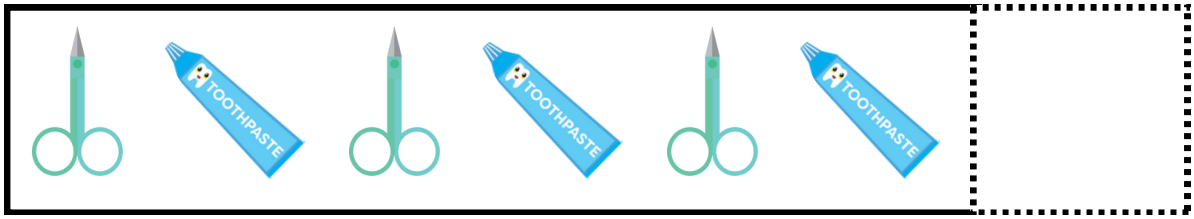
Name _____ Date _____

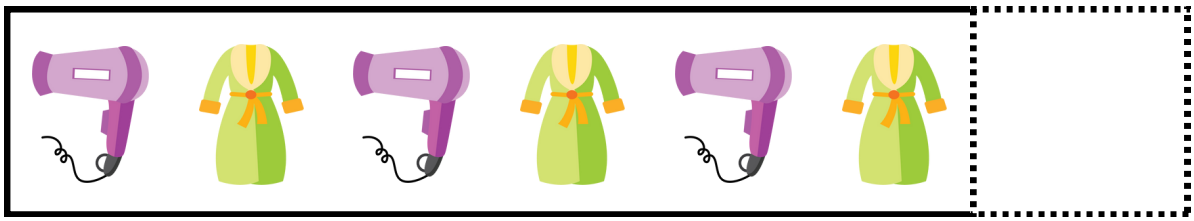
FINISH THE PATTERN

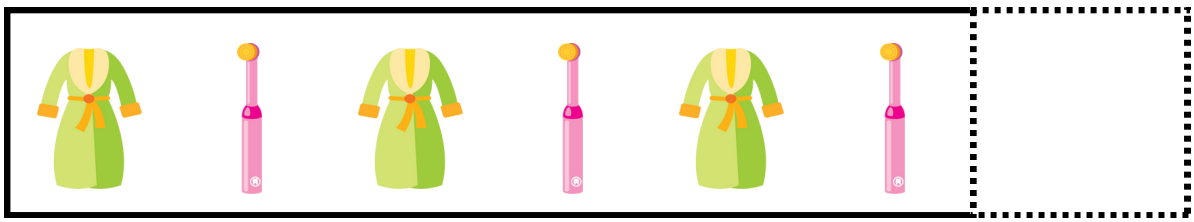
Look at the patterns below. Cut out the images at the bottom. Paste the image that comes next in each pattern.

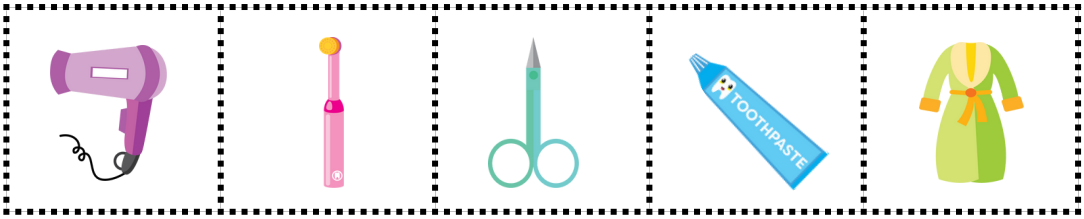












Name _____ Date _____

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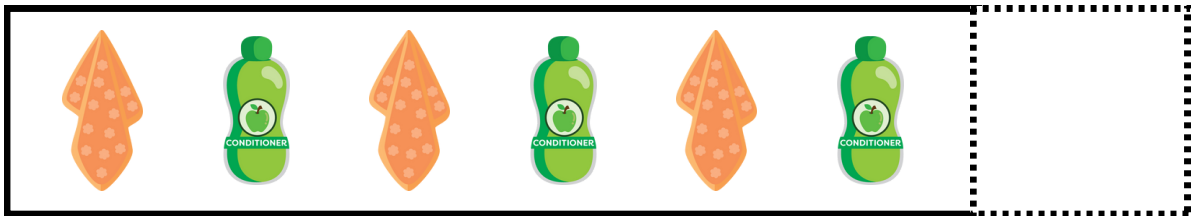

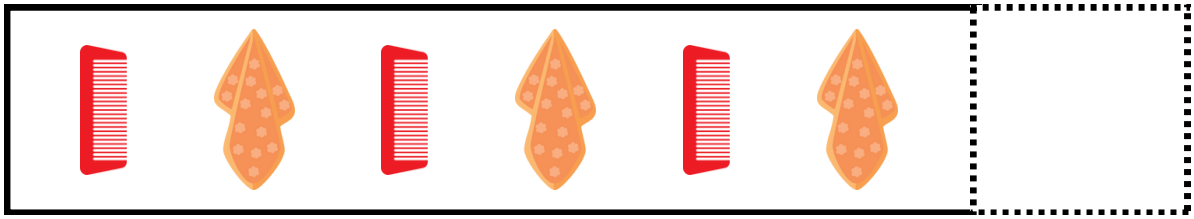

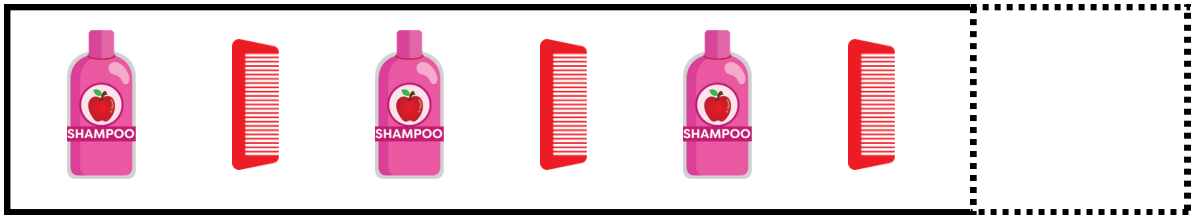

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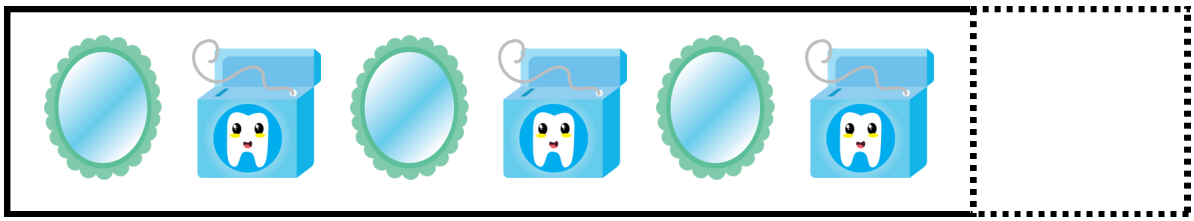
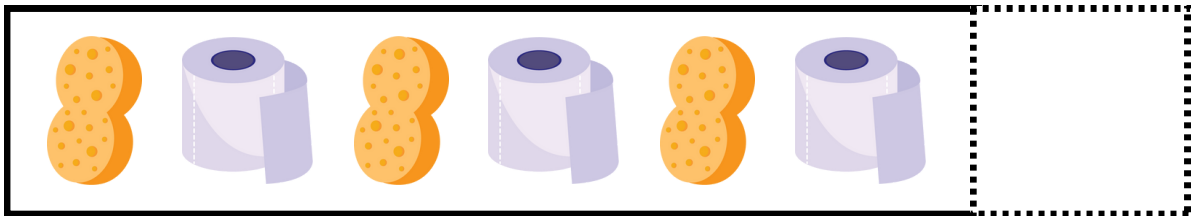
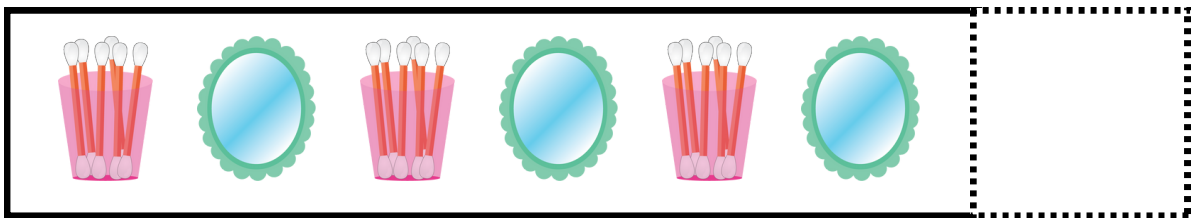
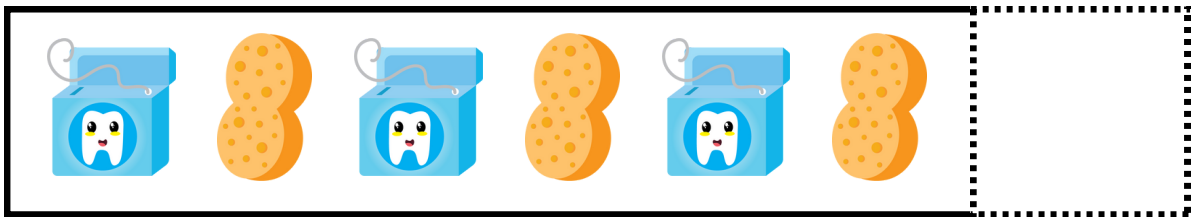
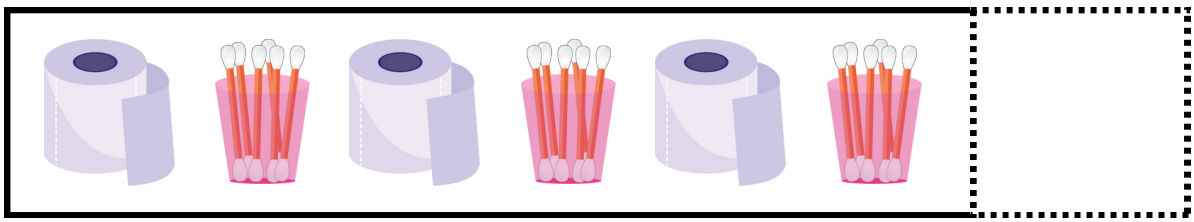
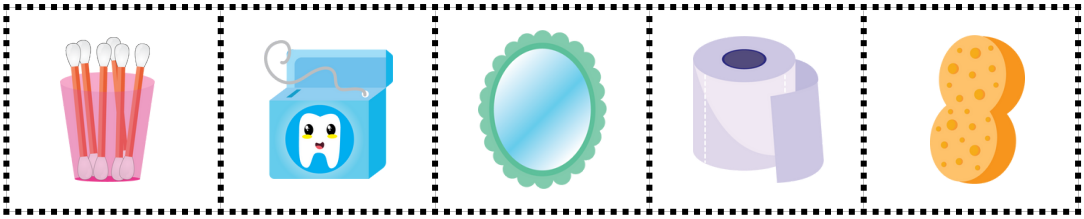








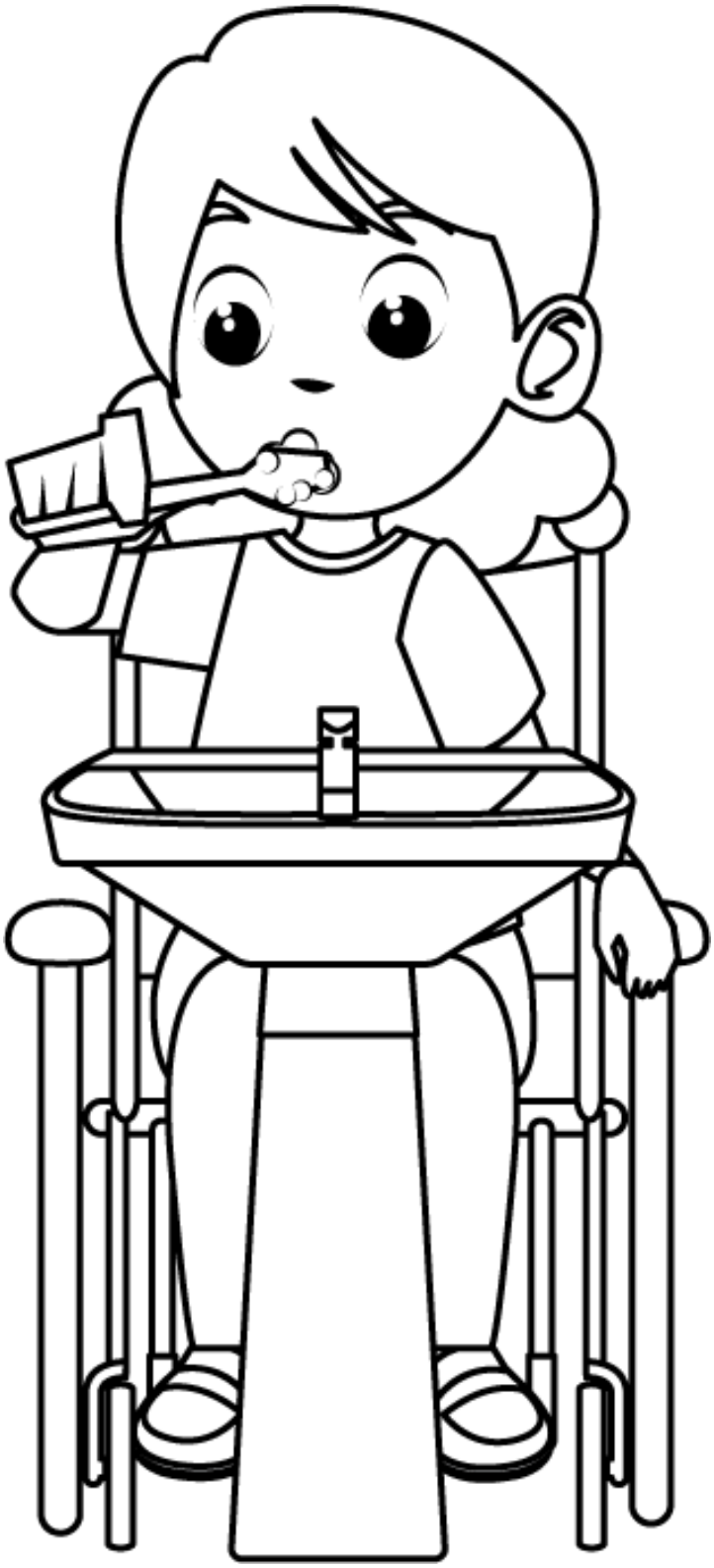




Name _____ Date _____

COLORING ACTIVITY

Color the picture below.



Name _____ Date _____

COLORING ACTIVITY

Color the picture below.

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COLORING ACTIVITY

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